



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 April Fools Meatloaf Cupcakes
2 Herb & Garlic Roasted Chicken Asparagus Roasted Potatoes	3 Baked Macaroni & Cheese Peas & Carrots 	4 Chicken Noodle Casserole	5 Leftover Night 	6 Slow Cooker Chicken Teriyaki Broccoli Rice	7 Cheesy Zucchini Noodles with Bacon	8 Tatertot Casserole Corn
9 Spaghetti & Meatballs Salad 	10 Vegetable Fried Rice	11 20 Minute Ground Beef Tacos with Hidden Vegetables 	12 Leftover Night 	13 Breakfast For Dinner 	14 Homemade Pizza Night	15 Stove Top Chicken with Leeks & Spinach
16 Easter Sunday Glazed Ham Green Beans Baby Carrots Mashed Potatoes	17 Penne Al'Arrabbiata	18 Bacon, Lettuce Avocado, Tomato Sandwiches 	19 Leftover Night 	20 Pasta with Meat Sauce Salad	21 Chicken Nuggets with Hidden Vegetables Oven Baked Fries	22 Grilled Chicken & Veggie Kabobs
23 Sausage & Polenta Bowl	24 Spaghetti with Garlicky Greens	25 Chicken Caesar Salad Wraps	26 Leftover Night 	27 Sloppy Joes Sweet Potato Fries Corn & Peas	28 Chicken Alfredo Lasagna Rolls Salad	29 Sheet Tray Mexican Stuffed Peppers 
30 Chicken Cordon Bleu Casserole						

april 2017 grocery list

Produce	Grocery	Dairy	Meat & Poultry
10 lbs potatoes	1 box elbow pasta	2 dozen eggs	7 lbs ground beef
4 heads garlic	1, 15 oz cream of chicken	velveeta	1, 4-5 lb chicken
1 bunch asparagus	6, 32 oz chicken stock	1/2 gallon half & half	7 lbs boneless skinless chicken breast
1 knuckle ginger	ritz	32 oz shredded cheddar	4, 12 oz bacon
3 bunches green onions	1, 15 oz cream of mushroom	8 oz sour cream	pepperoni
1 large head broccoli	2 boxes spaghetti	8 oz whipped cream cheese	spiral ham
10 zucchini	1, 28 oz crushed tomatoes	32 oz shredded mozzarella	1 lb sweet Italian sausage
2 pt cherry tomatoes	2, 28 oz tomato sauce	parmesan cheese	
basil	2, 28 oz tomato puree	2 pt heavy cream	
4 bags salad mix	2, 8 oz tomato sauce	1 qt milk	
6 large onions	taco shells	16 oz shredded Mexican cheese blend	Deli
7 bell peppers	yeast		1/4 lb pancetta
3 heads romaine lettuce	2, 15 oz diced tomatoes		1/4 lb American cheese
3 leeks	2, 15 oz pinto beans		1/4 lb Swiss Cheese
2 roma tomatoes	1 box penne		
2, 8 oz baby spinach	1 box pasta of choice		
2 large lemons	1, 15 oz tomato sauce		
1 lb green beans	lasagna noodles		Bulk & Frozen
1 lb baby carrots	flour tortillas		3, 10 oz peas and carrots
2 oranges	1, 15 oz tomato soup		1 lb rice
thyme	bbq sauce		tater tots
3 shallots	caesar salad dressing		1/2 lb cornmeal
2 large beefsteak tomatoes			1/2 cup pine nuts
2 avocados			1, 8 oz corn
3 sweet potatoes			1, 8 oz peas
2 bunches kale			
Freebies	herbs & spices, flour, sugar bread crumbs, condiments, soy sauce, vinegars, olive oil, butter		