

Ground Beef Stroganoff



Ingredients:

- 1 lb ground beef
- 1 bag medium egg noodles
- 1, 10 oz can condensed cream of mushroom soup
- 1 cup sour cream (or plain yogurt)
- 1/2 cup cream cheese, softened
- 1 T Worcestershire sauce
- 2 t garlic salt
- 1 t each, black pepper and onion powder

Directions:

Boil egg noodles in salted water according to package directions. Drain and set aside.

Meanwhile, in a large skillet or a large pot, brown ground beef and season with Worcestershire, garlic salt, pepper and onion powder. Cook for 8–10 minutes, or until beef is cooked through.

Add cream cheese, sour cream and cream of mushroom soup, and let simmer over low heat for 5 minutes.

Add cooked egg noodles, and stir into the creamy ground beef mixture.