



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>\$155.40</h1>			1 Meatloaf with Hidden Veggies Corn	2 BBQ Chicken Quesadillas Baby Carrots	3 <b>Leftovers</b> 	4 Homemade Cheese Burgers Grilled Corn On The Cob
			5 Pasta with Bacon & Peas	6 Chicken Caesar Salad	7 Turkey Tacos Corn	8 <b>Leftovers</b> 
12 Chicken Satay with Rice & Broccoli	13 Grilled Cheese & Homemade Tomato Soup	14 Meatball Subs Baby Carrots	15 Crockpot Teriyaki Chicken & Noodles Peas	16 <b>Leftovers</b> 	17 Beef Stroganoff Corn	18 Baked Ziti Green Beans
19 Roasted Chicken Sweet Potatoes Corn	20 <b>Leftovers</b> 	21 Chicken Noodle Casserole	22 Mini Corn Dog Bites Peas & Corn	23 Korean Beef & Rice Broccoli	24 English Muffin Pizzas Baby Carrots	25 Egg Fried Rice
26 Cheesy Chicken & Rice Casserole Mixed Veggies	27 Ultimate 30-Minute Macaroni & Cheese Peas	28 Shredded Beef Tacos Corn	29 Lasagna Green Beans	30 <b>Leftovers</b> 	31 Homemade Chicken Nuggets Baby Carrots	

Produce	Grocery	Meat & Dairy
4 zucchini	bbq sauce	7 lbs ground beef
3 lbs onions	flour tortillas	7 lbs chicken breast
5, 1lb bags baby carrots	corn tortillas	1 whole chicken
corn on the cob	hamburger buns	1 lb bacon
romaine lettuce	hot dog buns	1 2-3lb london broil
1 lb (about 4-5) roma tomatoes	6 boxes pasta	2, 12ct eggs
sweet potatoes	taco shells	1, 32oz shredded cheddar
2 bunches cilantro	3, 28oz crushed tomatoes	american cheese
1 head cabbage	4, 28oz tomato sauce	parmesan cheese
10 limes	3, 28oz tomato puree	2 lbs butter
2 heads garlic	1 loaf bread	1, 32oz velveeta
basil	chicken stock	1, 32oz shredded mozzarella
	2, 16oz wide egg noodles	1, 8oz shredded mozzarella
	3, 14oz cream of mushroom	1, 8oz sour cream
	english muffins	2, 8oz cream cheese
	lasagna noodles	1, 32oz whole milk ricotta
		hot dogs
		1 lb ground turkey
		<b>Frozen</b>
		2, 32oz corn
		2, 32oz peas
<b>Bulk</b>		
3 lbs brown rice		peas & carrots
flax meal (optional)		1, 32oz broccoli
		1, 32oz green beans

Freebies: salt, pepper, spices, olive oil, salad dressing, soy sauce, bread crumbs, flour, condiments and vinegars