



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Macaroni & Cheese Baby Carrots	2 Roasted Chicken Mashed Potatoes Peas
3 Crockpot Spaghetti Sauce & Pasta Salad	4 Chicken Quesadillas Corn	5 Cinco De Mayo Turkey Tacos	6 Chicken & Rice Casserole Broccoli	7 Leftovers 	8 Pasta with Bacon & Peas	9 Easy Grilled Chicken & Veggie Skewers
10 Mother's Day Lasagna Caprese Salad	11 Egg Fried Rice	12 Sloppy Joes Sweet Potato Fries Corn	13 Leftovers 	14 Black Bean & Corn Quesadillas	15 Chicken Noodle Casserole Broccoli	16 Homemade Chicken Nuggets with Hidden Veggies
17 BBQ Chicken Sliders Green Beans	18 Baked Ziti Salad	19 Leftovers 	20 Breakfast For Dinner!	21 Teriyaki Chicken Meatballs Rice Peas	22 Beef Stroganoff Mixed Veggies	23 Chorizo Tacos Corn
24 Crockpot Spaghetti & Meatballs Salad	25 Memorial Day Hot Dogs & Hamburgers Salad	26 Tortilla Chip Crusted Chicken Tenders Peas	27 Leftovers 	28 Meatloaf Mashed Potatoes Corn	29 English Muffin Pizzas Baby Carrots	30 Eggplant Parmesan Salad
31 Shepherd's Pie						

Produce	Grocery	Meat & Dairy
3 bags baby carrots	5 boxes pasta	whole chicken
10 lbs potatoes	8 oz velveeta	1 lb ground turkey
basil	3 28oz crushed tomatoes	2 lbs bacon
2 heads garlic	2 28oz tomato sauce	hot dogs
5 bags salad mix	1 28 oz tomato puree	10 lbs chicken breast
4 zucchini	2 15oz tomato sauce	5 lbs ground beef
2 bell peppers	2 28oz petite dice tomatoes	1 lb pork chorizo
3 lbs onions	2 10oz cream of chicken	1 qt half and half
2 lbs roma tomatoes	2 32oz chicken stock	2 lbs butter
2 eggplant	no boil lasagna noodles	2 lbs cheddar cheese
	hamburger buns	parmesan cheese
	tomato soup	32oz ricotta
	2 bags egg noodles	2 lbs mozzarella cheese
	cream of mushroom soup	2 dozen eggs
	hot dog buns	8oz cream cheese
	tortilla chips	
	english muffins	
		Frozen
		2 32oz peas
Bulk		32 oz broccoli
4 scoops brown rice		10 oz peas and carrots
1 scoop black beans		2 32oz corn
		32 oz green beans
		16 oz mixed veggies

Freebies: salt, pepper, spices, olive oil, salad dressing, soy sauce, bread crumbs, flour and vinegars