



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fools Meatloaf Muffins Peas	2 Crockpot BBQ Chicken Meatballs Egg Noodles Corn	3 Jalapeño Popper Chicken & Rice Casserole Baby Carrots	4 Leftovers 
5 Easter Sunday Manicotti Salad 	6 Black Bean & Corn Quesadillas	7 Leftovers 	8 Teriyaki Chicken & Rice Broccoli	9 Chorizo Tacos Corn	10 Pasta with Bacon & Peas	11 Chicken Nuggets with Hidden Veggies Sweet Potato Fries Corn
12 Crockpot Spaghetti Sauce & Pasta Salad	13 ABC Soup Grilled Cheese	14 Turkey Tacos Corn	15 Leftovers 	16 Asian Noodle Stir Fry	17 DIY Nacho Bar	18 Mini Corn Dog Bites Salad
19 Roast Chicken Mashed Potatoes Peas	20 Baked Ziti Green Beans	21 Chicken Pot Pie 	22 Sloppy Joe's Sweet Potato Fries Corn	23 Leftovers 	24 English Muffin Pizzas	25 Beaners & Wieners Mixed Veggies
26 Shepherd's Pie	27 30 Minute Macaroni & Cheese Peas	28 Chicken Quesadilla Corn	29 Leftovers 	30 Breakfast For Dinner 		

grocery list

Produce	Grocery	Dairy
5 lbs potatoes	1 bbq sauce	2 dozen eggs
6 jalapeños	1 bread crumbs	1 cream cheese
1 bunch basil	1 panko bread crumbs	2 lbs cheddar cheese
3 bags mixed salad	1 15oz cream of chicken	32 oz ricotta
2 red bell peppers	2 28oz crushed tomatoes	2 lbs mozzarella
1 green bell pepper	2 28oz tomato sauce	parmesan cheese
6 yellow onions	1 15oz tomato sauce	2 lbs butter
2 bunches cilantro	soy sauce	american cheese
5 red onions	4 boxes pasta	1 qt cream
6 zucchini	1 bag alphabet pasta or ditalini	Frozen
3 lbs sweet potatoes	1 box spaghetti	2 32oz peas
1 bunch celery	1 bag tortilla chips	1 32oz corn
2 lbs carrots	hamburger buns	1 16oz broccoli
2 heads garlic	1 15oz tomato soup	1 16oz green beans
Bulk	english muffins	Meat
1 lb rice	1 16oz velveeta	3 lbs ground beef
1/2 lb black beans	2 28oz petite dice tomatoes	10 chicken breasts
1/2 lb pinto beans	1 loaf bread	1 lb chorizo
Misc.	1 bag egg noodles	2 pkg bacon
	1 can baked beans	1 lb ground turkey
		2 packs hot dogs
		1 whole chicken
		pepperoni (optional)

Freebies: flour, cornmeal, salt, pepper, dried herbs and spices, salad dressing, olive oil, baking soda, baking powder, brown sugar and condiments.