

# NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken Caesar Wraps	2 Slow Cooker Chicken Noodle Soup	3 Monte Cristo Sandwich Salad	4 Buffalo Chicken Strips Oven Baked Fries
5 Slow Cooker Spaghetti Sauce Meatballs Salad	6 <b>National Nacho Day!</b> DIY Nacho Bar	7 Breakfast for Dinner	8 Leftovers 	9 Slow Cooker White Chicken Chili	10 BBQ Meatloaf Mashed Potatoes Corn	11 Chicken Cutlets Mashed Sweet Potatoes Mixed Veggies
12 Slow Cooker Pot Roast	13 Garlic Parmesan Pasta with Spinach	14 Slow Cooker Chicken Fajitas	15 Leftovers 	16 Slow Cooker Beef and Broccoli Rice	17 Sausage and Peppers	18 Slow Cooker BBQ Chicken Sandwiches Green Beans
19 Chicken Parmesan Casserole Pasta Salad	20 Egg Fried Rice	21 20 Minute Tacos	22 Leftovers 	23 <b>Happy Thanksgiving</b> Turkey Stuffing Mashed Potatoes Green Bean Casserole Glazed Carrots Creamed Corn Apple Pie	24 Leftover Turkey Sandwich Chips	25 Leftover Stuffing Waffles Eggs Bacon
26 Turkey, Apple and Pecan Salad with Balsamic Vinaigrette	27 Sesame Noodles with Broccoli	28 Beef Stroganoff Peas	29 Leftovers 	30 Pasta with Meat Sauce Salad		

# Groceries

Produce	Grocery	Dairy & Deli	Meat & Poultry
2 heads romaine lettuce	1 loaf bread	1 gallon whole milk	7 lbs chicken breast
3 lbs onions	2, 10 pk flour tortillas	1, 18 ct eggs	1, 12 oz pkg bacon
2 lbs carrots	caesar salad dressing	big hunk parmesan cheese	5 lbs ground beef
2 celery hearts	1, 8 oz hot sauce	string cheese	2, 8 ct Italian sausage
3 lbs russet potatoes	6, 32 oz chicken stock	16 oz sour cream	2, 3-4 lb chuck roast
3 bags salad mix	2, 16 oz wide egg noodles	1, 16 oz shredded cheddar	
4 heads garlic	2, 15 oz white kidney beans	1, 32 oz shredded cheddar	
2 zucchini	2, 4.5 oz diced green chilis	1, 8 oz cream cheese	
2 bunches parsley	1, 24 oz BBQ sauce	1, 16 oz shredded mozzarella	
4 roma tomatoes	1 can sliced black olives	1, 6oz feta cheese crumbles	
3 large sweet potatoes	1, 15 oz black beans	1, 8 oz queso fresco	
basil	2, 28 oz crushed tomatoes	1/4 lb gruyere cheese	
3 jalapeños	2, 28 oz tomato sauce	1/2 lb honey ham	
1, 16 oz bag spinach	1, 28oz tomato puree	1/4 lb provolone cheese	
6 broccoli crowns	3, 16 oz spaghetti		
2 lbs red potatoes	2, 32 oz beef stock		
3 red bell peppers	asian salad dressing	<b>Pantry</b>	<b>Bulk &amp; Frozen</b>
3 green bell peppers	1, 10.5 oz cream of mushroom	soy sauce	1, 16 oz mixed veggies
1 poblano	1 pkg hamburger buns	herbs and spices	1, 32 oz corn
4 limes	2, 8 oz tomato sauce	brown sugar	1, 16 oz peas
1 bunch green onions	good rolls	flour	1, 12 oz peas and carrots
1 knuckle ginger	balsamic vinaigrette	rice vinegar	1 lb rice
2 apples	potato chips	sesame oil	1, 16 oz green beans
1, 32 oz mixed greens	1, 15 oz diced tomatoes	butter	pecans
	pumpnickel bread	olive oil	dried cranberries
		bread crumbs	<b>Misc.</b>
		Worcestershire sauce	frying oil