

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pasta with Bacon and Peas	2 English Muffin Pizzas	3 Grilled Chicken & Veggie Skewers
4 Slow Cooker Spaghetti Sauce & Meatballs Salad	5 Chicken Caesar Salad with Bacon & Homemade Croutons	6 Slow Cooker Chicken Fajitas	7 Leftover Night! 	8 Sheet Tray Chicken & Asparagus	9 Ground Beef Stroganoff Peas	10 Grilled Lemon Chicken Greek Salad
11 Slow Cooker Pot Roast	12 Baked Ziti Salad	13 Muffin Tin Tacos	14 Leftover Night! 	15 Sesame Noodles with Chicken & Broccoli	16 Cheeseburger Macaroni Peas	17 Grilled Pork Tenderloin with Peach BBQ Sauce Corn-On-The-Cob
18 Father's Day Beer Can Chicken Asparagus Foil Pack Potatoes	19 Breakfast For Dinner!	20 Chicken Noodle Casserole	21 Leftover Night! 	22 Sloppy Joe's French Fries Corn	23 Pepperoni Pizza Lasagna Rolls	24 Chicken Satay with Peanut Sauce Broccoli Rice
25 Chicken Fettuccine Alfredo	26 Egg Fried Rice	27 Spaghetti with Garlic & Oil Salad	28 Leftover Night! 	29 Meatball Subs Salad	30 Buffalo Chicken Strips Oven Baked Fries	1 Canada Day Poutine

Groceries

Produce	Grocery	Dairy	Meat & Poultry
6 bunches parsley	3 boxes spaghetti	2, 15 oz ricotta cheese	5 lbs ground beef
4 heads garlic	1 box penne	parmesan cheese	8 lbs boneless chicken breast
basil	1, 10 oz tomato soup	2, 32 oz shredded mozzarella	pepperoni
10 onions	hamburger buns	1, 16 oz shredded mozzarella	3, 12 oz bacon
4 zucchini	bbq sauce	2 dozen eggs	1, 4 lb chuck roast
1 celery	2, 32 oz chicken stock	1 qt half and half	1, 4-5 lb chicken
1 bunch asparagus	1 box pasta of choice	1, 16 oz sour cream	1, 4 lb pork tenderloin
4 limes	hot dog buns/good rolls	1 pt heavy cream	
3 bunches green onions	2 bags egg noodles	queso fresco	
3 heads broccoli	1, 10 oz cream of mushroom	1, 16 oz shredded cheddar	
1 large knuckle ginger	italian salad dressing	2, 12 oz whipped cream cheese	Deli
1 yellow squash	1 box fettuccine	16 oz cheese curds or fresh mozzarella	
2 red peppers	1, 15 oz tomato sauce		
2 yellow peppers	2, 28 oz tomato sauce	6 oz feta cheese block	
2 green peppers	2, 28 oz crushed tomatoes	1, 8 Oz plain greek yogurt	
5 lbs baby red potatoes	1, 28 oz tomato puree		
2 lbs carrots	flour tortillas	Misc.	Bulk & Frozen
3 jalapenos 1 red onion	english muffins		3, 10 oz peas
2 roma tomatoes	2, 32 oz beef broth		2 lbs brown rice
1 pt cherry tomatoes	2, 10 oz coconut milk		2, 10 oz peas and carrots
8 oz mushrooms	1, 10 oz cream of chicken		1, 16 oz corn
2 bunches cilantro	snack size ritz crackers		
2 heads romaine	caesar salad dressing		
corn on the cob	1 box elbow pasta		
4 peaches	1, 16 oz velveeta		
4 lemons	hot sauce		
5 lbs russet potatoes	corn tortillas		
4 sweet potatoes	1, 15 oz diced tomatoes		
3 cucumbers	1 can olives		
Freebies	herbs & spices, flour, sugars, bread crumbs, condiments, soy sauce, vinegars, olive oil, butter and milk		