



FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken Caesar Salad or Chicken Caesar Salad Wraps	2 Sloppy Joes Oven Baked French Fries Corn	3 Chicken Nuggets with Hidden Veggies Sweet Potato Fries	4 Cheeseburger Macaroni Peas & Carrots
5 Super Bowl Sunday! DIY Nacho Bar	6 Spaghetti with Garlic and Oil Broccoli	7 Cheesy Beefy Quesadilla Corn	8 Leftovers 	9 Asian Chicken Noodle Soup 	10 Mini Corn Dog Bites Oven Baked French Fries Corn	11 Fettuccine Alfredo
12 Spaghetti & Meatballs Salad 	13 Slow Cooker Chicken Noodle Soup	14 Valentine's Day! Heart Shaped Pizza 	15 Leftovers 	16 Breakfast For Dinner Bacon, Eggs & Hashbrowns	17 Chicken Parmesan Casserole	18 Tatertot Casserole Corn
19 Slow Cooker Chicken & Stuffing Casserole	20 Tomato Soup & Grilled Cheese Croutons 	21 Crockpot Chicken Tacos	22 Leftovers 	23 Slow Cooker Chicken Teriyaki Rice Peas or Broccoli	24 BBQ Meatloaf Sweet Potato Fries Corn	25 Chicken Fried Rice 
26 Roast Chicken Mashed Potatoes Creamed Spinach	27 Baked Ziti	28 BBQ Chicken Quesadillas Corn & Peas				

february 2017 grocery list

Produce	Grocery	Dairy	Meat & Poultry
2 heads romaine lettuce	caesar dressing	1, 18 ct eggs	2, 12 oz bacon
5 lbs russet potatoes	3, pkg flour tortillas	1 32 oz velveeta	7 lbs chicken breast
2 heads garlic	1 pkg hamburger buns	1 qt cream/whole milk	6 lbs ground beef
3 lbs onions	3 small cans tomato soup	1 8oz, cream cheese	1 omg hot dogs
3 zucchini	bbq sauce	1, 32 oz shredded cheddar	pepperoni
6 sweet potatoes	1 box elbow macaroni	sour cream	1, 4-5 lb chicken
5 roma tomatoes	tortilla chips	1 pt heavy cream	
2 bunches parsley	pickled jalapenos	1, 32 oz shredded mozzarella	
1 knuckle ginger	2 boxes spaghetti	1, 8 oz shredded mozzarella	
3 bunches green onions	rice noodles	1, 8 oz shredded cheddar	
2 lbs carrots	4, 32 oz chicken stock	parmesan cheese	Deli
2 bunches cilantro	1 box fettuccine	1 pkg American cheese	
3 jalapenos	2, 28 oz crushed tomatoes	queso fresco	
celery	2, 28 oz tomato sauce	1, 32 oz ricotta	
1, 16 oz bag baby spinach	1, 28 oz tomato puree		
2 limes	yeast		
1 bag salad	2, 15 oz cream of mushroom		
1 bunch basil	box stuffing mix		Bulk & Frozen
	pasta of choice		3, 32 oz corn
	1 loaf bread		3, 10 oz peas and carrots
	1 pkg corn tortillas		1, 32 oz broccoli
	2, 15 oz rotel		tater tots
	1 box penne		1, 16 oz green beans
	2 lbs rice		1, 16 oz peas
	1 pkg egg noodles		
Freebies	herbs & spices, flour, sugar bread crumbs, condiments, soy sauce, vinegars, olive oil, butter		