

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sausage & Peppers	2 Leftovers 	3 Grilled Cilantro Lime Chicken Cauliflower Rice	4 Philly Cheesesteak Sloppy Joes Homemade Chips	5 Chicken Nuggets with Hidden Veggies Sweet Potato Fries
6 Slow Cooker Spaghetti Sauce Meatballs 	7 Cauliflower Fried Rice 	8 Sheet Tray Chicken & Asparagus	9 Leftovers 	10 Teriyaki Chicken Meatballs Broccoli Rice	11 Patty Melt Oven-Baked French Fries Corn	12 Chicken Parmesan Casserole Penne Green Beans
13 Chicken Divan Casserole	14 Tortellini with Pesto	15 Breakfast for Dinner 	16 Leftovers 	17 Pasta with Meat Sauce Salad	18 Slow Cooker BBQ Pulled Pork Corn On The Cob	19 Pierogi Casserole
20 Bacon Wrapped BBQ Meatloaf Mashed Potatoes Corn	21 Mac & Cheese Broccoli 	22 20 Minute Tacos Refried Beans 	23 Leftovers 	24 Corn Dog Bites TaterTots Mixed Veggies	25 Pizza!	26 Chicken Cutlets Garlic Parmesan Zucchini Noodles Broccoli
27 Lasagna Caesar Salad	28 Tostadas Mexican Street Corn	29 BLAT Sandwiches Homemade Chips	30 Leftovers 	31 TaterTot Casserole Peas & Carrots		

august 2017 grocery list

Produce	Grocery	Dairy & Deli	Meat & Poultry
8 roma tomatoes	Hawaiian rolls	parmesan cheese	7 lbs ground beef
3 heads romaine lettuce	2 boxes spaghetti	1, 32 oz shredded mozzarella	5 pkg bacon
4 heads garlic	, 8 oz tomato sauce	2, 18 ct eggs	6 links Italian sausage
2 bunches parsley	good rolls	1/2 gallon cream	1, 3-4 lb pork butt
8 zucchini	2 omg hamburger buns	1, 32 oz shredded cheddar	1 pkg hot dogs
2 red pepper	2, 28 oz crushed tomatoes	1, 16 oz sour cream	pepperoni
3 green pepper	2, 28 oz tomato sauce	2, 32 oz whole milk ricotta	4 lbs chicken wings
8 lbs nions	1, 28 oz tomato puree	2, 8 oz cream cheese	8 lbs chicken breast
basil	teriyaki sauce	1/4 lb American cheese	
6 lbs sweet potatoes	1 box penne	1/2 lb provolone cheese	
1 poblano	rye bread	1/4 lb swiss cheese	
2 bunches cilantro	2 lbs rice	tortellini	
4 limes	2 boxes pasta of choice	prepared pesto	
1 shallot	3 BBQ sauce	pizza dough	
10 lbs russet potatoes	3, 32 oz chicken stock		
2 heads cauliflower	2 boxes lasagna noodles		
3 bags salad	veveeta	Pantry/Fridge Items	Bulk & Frozen
1 knuckle ginger	taco shells	milk	3, 32 oz corn
2 bunches green onions	1, 15 oz petite diced tomatoes	butter	2, 10 oz peas and carrots
6 large broccoli crowns	tostadas	salt and pepper	1, 16 oz green beans
5 lbs yukon gold potatoes	bread	herbs and spices	1, 16 oz mixed veggies
2 large carrots	1, 15 oz cream of mushroom	flour	1, 5lb tater tots
2 jalapenos 2 large tomatoes	Franks hot sauce	soy sauce	1/4 lb almonds
1 large avocado	2 bags chips if not making own	sugar & brown sugar	1 lb pinto beans
8 ears corn on the cob		olive oil	
1 bunch asparagus		bread crumbs/panko bread crumbs	
2 lemons		ketchup/mustard/mayo	
		sesame oil	Misc.
		cornmeal	skewers
		baking soda/baking powder	frying oil
		worcestershire sauce	